



- ♥ Our chaplain is available to you and to members of your family or close friends whether or not you have a religious faith. If you would like to talk, or wish to explore a worry or concern, the chaplain will be happy to see you. The chaplain can also be a link for you with your own faith community



- ♥ The chapel at St Barnabas House is open 24 hours a day for anyone to use and provides a quiet space for reflection and prayer. There is also a service each Friday afternoon at 1:45pm to which all are welcome
- ♥ We continue to provide support to family and friends through our bereavement service. Telephone support, visits and counselling are available and there are also events where you can meet with others who are bereaved

How can you contact us?

Our team administrator supports the work of the Family Services Team. The administrator can be contacted by telephone or e-mail if you want to find out more about our services.

You are welcome to ring us directly on:
01903 706341

You can e-mail:
familyservices@stbh.org.uk

You can ask another member of the hospice team, with whom you are in touch, to ask us to contact you.

**St Barnabas House, Titnore Lane,
Worthing, West Sussex BN12 6NZ**

Website: www.stbh.org.uk

We are always pleased to receive feedback on our service. If you wish to make a complaint please write to:

**Hugh Lawson, Chief Executive,
St Barnabas House, Titnore Lane,
Worthing, West Sussex BN12 6NZ**

Tel: 01903 706300

Email: hugh.lowson@stbh.org.uk

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The photographs contained in this publication were taken during excursions in the local area by our Day Hospice patients as part of a project with our artist-in-residence to enable patients to explore their experiences of living with their condition through various art forms.



**St Barnabas
House**

Family Services Team

- ♥ **Social Work**
- ♥ **Counselling**
- ♥ **Chaplaincy**
- ♥ **Bereavement Service**



**{ Hospice
Care }**



Family Services Team

Living with a serious illness can affect many aspects of your life. This is true whether you are the person with the illness, a family member or a close friend. For example, you might have difficulties with

- ♥ Practical and financial needs
- ♥ A wide range of emotions that might be hard to understand and talk about
- ♥ The effect that events are having on your life
- ♥ Worries about other members of your family
- ♥ Questions about the meaning and purpose of life

The Family Services Team is here to offer you support.

Who are we?

The Family Services Team is made up of social workers, counsellors, the hospice's chaplaincy and bereavement support teams and the team administrator.

Where do we work?

The team is based at St. Barnabas House. We can support you, your family and carers at home, through the day hospice and in the hospice. We can also meet with you or your family at other places – e.g. in schools, nursing homes etc.

How do we work?

Once you have been seen by one of the hospice's doctors or nurses, you and your family will then be able to access the help given by the Family Services Team. You may have a single contact with the team or ongoing support.



What do we offer?

- ♥ We can give relevant advice and information
- ♥ We can offer you time to talk about feelings and concerns you may have
- ♥ We can offer emotional support or counselling to others close to you who are affected by your illness. This can be done individually, as a couple or as a family
- ♥ If you are looking after somebody with a serious illness, we can give you time to talk about your feelings and offer you advice and information. We can also suggest other organisations that might be of help



- ♥ If you are an inpatient at the hospice, our social workers can help you set up care and equipment to enable a return home. Alternatively, we can advise and assist you and your family if a different place of care is needed