



# St Barnabas House Clinical Strategy

St Barnabas  
House

## Special Bulletin

### *Dear Colleagues*

In our Special Bulletin in September 2015, we reported on the progress of the St Barnabas House Clinical Strategy plans and we are pleased to update you about the latest developments.

#### **Changes to the way we work**

As implementation of our Clinical Strategy starts to gather pace, it is really important to understand the changes that we are looking to make in the coming weeks and months. Demand for the support and care that we provide is due to rise markedly in the next 5-10 years, and we need to be really well-placed as a clinical service to meet this need. In order to be able to reach more people, we need to be able to offer even more of a choice in the services we provide, how we provide these and when people can access our support.



#### **Non-Malignant Nursing Posts**

As part of the strategy we pledged to reach out to more patients with advanced non-malignant disease who have similar levels of palliative care need as those with cancer. This means we will need specialist nurses and we are pleased to report that the recruitment for these posts is progressing well:

- Renal Nurse – Sarah Randall started in early November and has been settling in to her role.
- Liver Nurse – this post is currently being advertised.
- Dementia Nurse – we will be interviewing applicants in early December and hope to have appointed in the New Year.
- Heart Nurse – we had a very positive meeting with the cardiology consultant and lead heart failure nurse at Worthing Hospital to discuss how we could work together to develop our services. They are very keen to work with us and we are looking forward to developing this opportunity further. We are still awaiting the outcomes of the CCG's strategic review in order to explore how we can align our strategic plans with their long-term plans for the area.



# Education

As part of the expansion of our services, we will need to develop our Education resources with the aim of extending our training programme to more local healthcare professionals. Our Deputy CEO, Jeremy Cox, is leading on Education and Volunteers. He is pleased to welcome a number of new staff to assist in the development of the St Barnabas House strategy.

**Education** - We are delighted to welcome two new lecturers in Palliative Care, Stephen Searby and Dr Lianne Eagle, and an administrator Jo Leachman. Stephen and Jo have already joined the team, while Lianne will be joining us in the New Year.

This enhanced team will continue the current success of Education at St Barnabas House, and over the course of the coming year increased Education opportunities for Care Homes and Carers will be developed.

We continue to work in close partnership with St Wilfrid's Hospice in Chichester, and are looking at ways in which we can enhance this relationship to promote Education across various organisations and health professionals.

**Volunteers** - The Voluntary Services team continue to develop the Community Companions scheme to help more people. Ben Hall has recently joined the team to assist in the development of the service.

*Hello, I'm Steve Searby,*

I am delighted to be starting work at St Barnabas House in the role of Lecturer in Palliative Care. This is an excellent opportunity for me to teach within an organisation which has a very good reputation for delivering high quality education and training.

My background is within education and I served for many years within HM Armed Forces, both ashore and afloat and on deployments around the world. I taught at Birmingham City University where military and civilian student nurses were taught by both military and civilian lecturers. I was responsible for teaching Law and Ethics, Leadership, Clinical Skills and was a Branch Leader for degree students, as well as the research module for degree students undertaking their BSc (Hons).

After leaving the Service I taught at the University of Surrey teaching the Foundation Degree programme, Law and Ethics and Clinical Skills, Cultural Awareness, Death and Dying, Leadership and Management, to name but a few.

I left the University to go back in to clinical practice where I worked at the Queen Alexandra Hospital Home, a rehabilitation unit for ex Service personnel with acquired brain injuries, including traumatic brain injuries and organic brain injuries. At QAHH I had many years of collaboration with both Birmingham City University and the University of Surrey. I remained at QAHH for 3 years and developed a high level of clinical experience, but my heart remained with teaching. I was responsible for teaching Moving and Handling, Infection Control and male catheterisation. I developed the mentorship for newly qualified staff nurses which allowed them to make a smooth transition from student nurse to staff nurse. I also taught for a private company, again teaching skills such as venepuncture, catheterisation and Moving and Handling.

I was therefore delighted to be given the opportunity to work at St Barnabas and one of the areas I am going to be involved with is delivering sessions to care and nursing homes. I am privileged that I have been given the chance to work in an organisation that has received excellent feedback from students who have received teaching and training at St Barnabas.



## Coordination Hub

As mentioned in the last Special Bulletin, we have been collaborating with Coastal West Sussex CCG, Sussex Community Trust, St Wilfrid's Hospice and the Midhurst Macmillan Specialist Palliative Care Service to produce a business case for the creation of an end of life coordination centre to provide 24/7 care coordination, support and information to patients, families, carers and healthcare professionals across the Coastal West Sussex area.

The business case was completed and submitted to the Clinical Commissioning Executive in late November and we are delighted to say that the investment has been approved. Coastal West Sussex CCG will be investing over £1m per year for the next three years to fund this new service and St Barnabas will be playing a central role in its delivery and on-going development.



## Wellbeing Centre

We are still in the early planning stages of this project. Rachel Nassif has been supporting our research by visiting a number of hospices around the South East who are already providing Wellbeing services. We hope to use her research to help us to understand what we could provide for people with life-limiting illnesses in the St Barnabas area. Once we have decided on an outline model for the Wellbeing Centre we then hope to meet with healthcare professionals, service providers and patients across the region in order to refine and develop the model. We hope to complete this stage by March 2016.



## Community Services Review

After several briefings and over 40 one to one consultation meetings we have now concluded the review of community services.

### The outcomes are:

- The Community Palliative Care Team (CPCT )and Hospice at Home Team will not be merging – we will be reviewing how Hospice at Home operates in order to explore how it can respond more quickly to deliver care.
- From 1 February, the hours of the CPCT team will be extended to cover from 8am to 9pm, Monday to Friday.
- From 1 February, the hours of the Clinical Admin Team will be extended to cover from 8am to 7pm, Monday to Friday. We will also be changing the role of the clinical admin staff to enable them to cover all aspects of clinical admin.
- We will be delaying implementation of an overnight on-call rota for the CPCT team to enable us to develop this service in line with the implementation of the coordination hub.



## Space Review

The St Barnabas House space review is currently on-going. Thank you to everyone who has contributed to the discussions and taken the time out of their work schedules to help with its progression. We hope to be able to provide more information in the New Year.

In wanting to meet the challenges of increased demand for our service, we come from a position of strength with an excellent track record. If we are to continue to make a difference to the growing number of people that will need our care and support, we must look at new ways of working in line with local needs. Whilst we should be very proud of the difference we make as a clinical team to the quality of life of the people we support, we should constantly look at our service to see where we can improve the way we work. Not only will these exciting strategic developments help us reach new groups of people in our community, they also lay the platform from which we can build on in years to come. With increased demand on the way, these are essential steps for St Barnabas House to take.

As always, if you have any questions on any aspects of the St Barnabas Clinical Strategy, please do not hesitate to come and see me.

Thank you for your continued hard work and support for everything we do at St Barnabas, it means a great deal.

*Andy Burt*

**Director of Adult Services, St Barnabas House**

