

We would like to take the St Barnabas House £50 Challenge

Title: First name: Surname:

Job Title:

Company / Organisation Name:

Company Address:

Tel:

Email:

I / we agree to take up the £50 Challenge and raise as much as possible for St Barnabas House to help care for local people across Worthing, Adur, Arun and Henfield.

Signature:

Print Name:

Please return this completed form to: Fundraising Team,
St Barnabas House, Titnore Lane, Worthing, West Sussex, BN12 6NZ

 www.stbh.org.uk/50challenge

 fundraising@stbh.org.uk

 01903 254777

 StBarnabasHouse

 @StBarnabasHouse

Registered charity no 256789

Your details are held on our database and we will contact you from time to time. We promise that we will never pass on your details to any other party at any time. If you wish to stop or adjust the frequency or type of communications you receive from St Barnabas House, you can simply call us on 01903 706327 or email us at info@stbh.org.uk.



The £50 Challenge

Register your company, group or school to take part!



We give you **£50** and four months and you grow the investment!



What is **The £50 Challenge**?

It's really simple – we'll send you £50 and you have four months to turn it into more! There are lots of fun ways you can help local patients and their families who need hospice care.

Bake sale

Dress up day

Raffle

Quiz night

Sponsored walk

What's in it for you?

- Motivating and team building.
- A sense of fun and achievement.
- Develops creativity, negotiation and communication skills.
- Great PR opportunities.
- Raising vital funds to provide hospice care for local adults and families.
- Develops social responsibility.

We are here to support you!

Contact us for fundraising tips and materials – we can also come in and talk to you about our work and help inspire you! Call us on 01903 254777 or email fundraising@stbh.org.uk

“

This challenge tests your fundraising and entrepreneurial talents. We managed to raise £700 with bake sales and a sponsored silence. It was great for team building and lovely to know we were helping local families.

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Southern Water procurement team



How will the £50 Challenge support St Barnabas House?



You will be helping to provide specialist palliative care to local people; day and night, 365 days a year, in patients' own homes, in St Barnabas House's In-patient Unit, in the community and in our Day Hospice.

Specialist nurses and doctors help patients manage their symptoms. Respite care gives carers a break. Our Family Services team offer emotional support and counselling for patients and families.

Our fantastic team of Community Companions help by visiting patients at home to give company and support.

To help keep all our services running we rely on over 900 wonderful volunteers.

It costs almost £6 million a year to provide our care services, yet only 21% is covered by government funding – the rest is raised by people like you.

- **£100** means a patient can be assessed upon admission.
- **£126** provides a whole day of care for a patient and gives their carer a break.
- **£200** enables us to hold a bereavement support group.
- **£582** funds 24 hours for a patient in the In-patient Unit.

Thank you from everyone at St Barnabas House.