INTRODUCTION
Debbie has advanced Parkinson's disease, which has caused her severe physical disabilities, and has the potential to influence her psychological wellbeing. During her time at the St Barnabas Day Hospice Debbie talked to Stevan, the artist-in-residence, about some key thoughts she had in relation to her illness and the impact of the disease on herself and others. Debbie, with Stevan's support decided to make a short film, demonstrating how her lifelong love of skating influences her wellbeing on a daily basis. She wanted to make the film to share with her family, friends and others who might be interested.

In search of new material to stimulate 'outside the box thinking' in the classroom, I visited the art room of the hospice. I was really impressed with the film that had been made so far and was told that the film was going to be shown to the nurses and the public at a later date. I was excited by the humble yet very powerful messages that were being unintentionally portrayed for both the person with the illness and the audience(s).

RESULTS
The film has been shown to two groups of nurses. The first group were from different clinical backgrounds and settings. They were asked to work in pairs and consider all of the quotes that had been made during the film and to comment on any issues that had arisen. These are some examples of the quotes made by Debbie:

- "I suppose it only came to me recently... that I am disabled."
- "I walk down the road looking really drunk... but I'm not... and it's a horrible experience."
- "You have to have positive energy in you, before you can give anything out... I get that from skating."
- "There are things I do to try and maintain my level of mobility without any more drugs."
- "I had to fight to get my skating recognised as a meditation practice."

CONCLUSION
Debbie is very excited that her film is being used in the classroom and the positive response from the nursing staff. Previous research has recognised that many people affected by terminal illness want to be involved in teaching (Harris et al, 2015). The nurses have really engaged with these ideas and were keen to explore the quotes both at face value and beyond in an inquiring manner. In doing so, they also started to reflect on their own personal thoughts and coping abilities, managing expectations and their concept of resilience. This is a new film and I believe it has the potential to open up lots of discussion and become an effective tool to enhance clinical practice through palliative care education.

To view Debbie’s film go to: www.stbh.org.uk/Debbiesfilm

REFERENCES