




Do you know how to talk to someone who is worried or distressed?

The **SAGE & THYME**® foundation level workshop (3 hours) teaches:

-  A memorable structured approach for getting into and out of a conversation
-  How to empower patients/carers who are worried or distressed
-  Communication skills that are evidence based



SAGE & THYME® Level 1 Communication Skills Training

Monday 7 October 2019

Friday 6 March 2020

9.30am – 12.30pm

St Barnabas House

To book, please email education@stbh.org.uk
or call 01903 706356

This training is **free of charge** to those working in the Coastal West Sussex area as it is funded by NHS Coastal West Sussex Clinical Commissioning Group (*If you work outside of the Coastal West Sussex area there will be a charge of £60 per person*)