

Can you step up to find winter wildlife and interesting patterns in nature while you are out completing your daily steps?

NATURE EXPLORER!

EXPLORE

Can you find one of each of these types of leaves?

BIRCH



OAK



CONIFER



Colour the leaves in!

ROBINS

It's probably Britain's favourite garden bird and has become a symbol of winter, but they are with us all year round!



QUIZ!

1 Which of the pair of Robins builds their nest?

- The male
- The female
- Both

2 What colour are a Robin's eggs?

- Whitish
- Pale Blue
- Blue without any markings

3 In which month are you most unlikely to hear Robin song?

- January
- April
- July
- October

4 How do Robins mainly find natural food in the garden?

- By flicking over leaves
- By hopping in shrubs
- By watching the ground

DID YOU KNOW?

There are more than 200 different species of squirrel that live all over the world.



HOW MANY SQUIRRELS DID YOU SEE TODAY?

DID YOU KNOW?

Icicles and snowflakes. There are no two snowflakes in the world that are the same. Have you spotted any snow or ice while getting in your steps this month?

Write your favourite thing you have seen on walks:

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.....



1 - The female.
2 - Whitish with buff or reddish freckles. 3 - July. They stop singing in late summer when they moult their flight feathers and become very vulnerable. 4 - By watching the ground from a perch and darting down when they see a movement.

ANSWERS