



WEEK 1	The number of steps I'd like to walk this week	<input type="text"/>
DATE	Steps achieved	
Week 1 steps achieved:		<input type="text"/>

WEEK 2	The number of steps I'd like to walk this week	<input type="text"/>
DATE	Steps achieved	
Week 2 steps achieved:		<input type="text"/>
Overall total:		<input type="text"/>

WEEK 3	The number of steps I'd like to walk this week	<input type="text"/>
DATE	Steps achieved	
Week 3 steps achieved:		<input type="text"/>
Overall total:		<input type="text"/>

WEEK 4	The number of steps I'd like to walk this week	<input type="text"/>
DATE	Steps achieved	
Week 4 steps achieved:		<input type="text"/>
Overall total:		<input type="text"/>

I'VE DONE IT!

WEEK 1

WEEK 2

WEEK 3

WEEK 4

GRAND TOTAL



Need some help?

Check out www.stbarnabas-hospice.org.uk/nurses-steps for our FAQs and more information, or contact the St Barnabas House Nurses' Steps team at events@stbarnabas-hospice.org.uk or 01903 254777