

Frequently Asked Questions

Please find below a list of frequently asked questions about the event.

When can I arrive?

The Time of Reflection gathering starts at 6pm but you are welcome to arrive 30 minutes before it is due to begin.

What happens if I am running late?

Please don't worry if you are running late, you can join the gathering once you arrive.

Where can I park?

In the car park at the hospice. There will be volunteers on hand to help you with parking/finding a space.

What is the best public transport to use?

By Rail – Goring Station is about a 20-minute walk away.

By Bus – Stagecoach number 9 stops outside Northbrook College about a 10-minute walk away.

How long will the Time of Reflection last?

The Time of Reflection will last for approximately 15 minutes.

Is this a religious gathering?

We acknowledge that we are each unique. The Time of Reflection is open to all, whether you have a faith or not. You can use the Time of Reflection in whatever way feels right for you – as a message of love, as a prayer or as a reflection. We want you to feel comfortable in this setting to remember your loved ones. Members of our Patient and Family Services Team will be on hand should you wish to talk to someone.

What will happen at the gathering?

The Time of Reflection will be led by our Chaplain, Chris Gercke and is an opportunity to remember your loved ones. There will be moments of reflection, poems as well as a performance from a local guitarist.

How will our loved ones be remembered?

If you have remembered your loved ones through the Sunflower Memories Appeal then their names will have been handwritten onto a sunflower marker. The display of sunflowers will be available for you to view around the water feature at the front of the hospice.

If I get upset will there be someone for me to talk to?

Yes, our Patient and Family Services Team will be on hand should you need to talk to anyone. The team will be wearing a badge so that you can easily find them.

What do I wear?

Weather permitting the gathering will be held outside the hospice so please do wear what you feel comfortable. There is no dress code for this event but please bear in mind that the British weather can be unpredictable.

What happens after the gathering?

You are more than welcome to stay after the gathering. You can take a moment to visit our Walk of Life pathway which welcomes people into our hospice. The Walk of Life is a collection of more than 2,700 positive messages of hope, love, fun and remembrance. You are also welcome to visit the Chapel if you wish to spend some time in quiet contemplation. Our Patient and Family Services Team will be on hand should you wish to talk to anybody, or of course you can simply head home.

Can children attend?

Children are more than welcome to attend although, please bear in mind there are quiet times to reflect and remember so may not be appropriate for very young children.

I have some access requirements; how will you help me?

The Time of Reflection is a standing event that will last for approximately 15 minutes. There will be designated space for wheelchair users and carers and a small number of chairs available for those who require them for the duration of the gathering.

If I can't attend, am I able to watch the gathering?

Based on the viewing figures over the last two years and as we are returning to an in-person gathering we have decided to solely have an event at the hospice. Hopefully this will mean as many people as possible can enjoy the occasion.

My friend now wants to come with me but doesn't have a ticket what can I do?

Please contact us on 01903 254777 so we can add your friend to the guest list. Places are limited though, so it would be advisable to call us as soon as possible.

I still have a question, what do I do next?

Please contact the team on 01903 254777 or email us at info@stbh.org.uk and we will be able to help you.